

IGCAT

INTERNATIONAL INSTITUTE OF
GASTRONOMY, CULTURE, ARTS AND TOURISM



IGCAT Voice



Catalonia was awarded the title of European Region of Gastronomy in 2016. It was a great opportunity to reinforce collaboration between public administrations and agents from Catalonia related to local food production, local markets and food distribution, restaurants, guilds, research centres and universities, media, etc. It was also an excellent way to promote our food and gastronomy in Catalonia as well as internationally, raise awareness about our products and producers, with projects such as **Benvinguts a Pagès** (Welcome to the Farm), **#SomGastronomia** (We are Gastronomy), among many, and which were launched as a result of this award.

We have now received the title **Catalonia World Region of Gastronomy 2025**, which for us is a great honour as well as an extraordinary opportunity to take a crucial step forward in the work we started in 2016, allowing us to further IGCAT's philosophy of building cross-sectoral links between institutions (regional stakeholders) and together further promoting the richness and diversity of our gastronomy. This recognition will also go hand in hand with the transformations that our food system and gastrotourism requires in order to overcome present challenges in terms of food and climate change, sustainability, food diversity and health.

Catalonia, with its strategic location in Southern Europe and on the Mediterranean Sea, has long been hailed as a gastronomic paradise. Its rich culinary heritage, diverse flavours, and innovative chefs have captivated the taste buds of locals and visitors alike.

Catalonia is fully committed to IGCAT's sustainability objectives and thus to contributing to making a better world, from farm to fork, from food tradition to creativity and innovation, and ultimately finding a balance between local and global.

Ramon Sentmartí

Managing Director, PRODECA

IGCAT Ambassador

Catalonia, World Region of Gastronomy awarded 2025

News from IGCAT

Submit your short stories to IGCAT's Food Film Menu 2023!

30 June 2023 - We are looking for short food films to be included in the Food Film Menu 2023! Unleash your creativity and become an ambassador for cultural and food diversity! Open call and registration: [Food Film Menu 2023](#) (Submissions deadline: 18 August 2023).

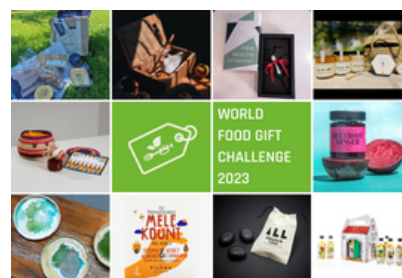


Top 10 Websites for Foodie Travelers 2023 awarded by IGCAT

14 June 2023 - IGCAT has revealed the tastiest list of the year for food experiences lovers! Get inspired for your next foodie adventure: [IGCAT's Top 10 Websites for Foodie Travelers 2023](#).

Enjoy the World Food Gift Challenge 2023 video!

30 June 2023 - IGCAT has released the [official video](#) of the World Food Gift Challenge 2023! Discover all the awarded products from across the World Regions of Gastronomy Platform and their unique stories: [World Food Gifts for 2023](#).



Ingredients for unique experiences

Acknowledging the relationship between culture and nature, and its key role in transforming the territory in unique gastronomic experiences, was the theme of the webinar held by IGCAT Expert and CEO of NaturalWalks, Evarist March on 18 April 2023. Moderated by IGCAT Board member, Omar Valdez from UNWTO Academy, the webinar focused on Evarist March's ... [Read more](#)

News from World and European Regions of Gastronomy

The World Regions of Gastronomy Platform is building sustainable futures

26 June 2023 - IGCAT gathered 21 representatives from 9 World and European Regions of Gastronomy (candidate and awarded) for the 26th IGCAT Platform Meeting (12-16 June) to discuss common challenges and learn from successful initiatives developed in Hauts-de-France, ... [Read more](#)





Kvarner joins the World Regions of Gastronomy Platform

15 June 2023 - With a view to develop a long-term strategy to secure a sustainable future based on cultural and food diversity, the Kvarner Region (Croatia) officially joined the World Regions of Gastronomy Platform and aims to present a candidacy for the European Region of Gastro ... [Read more](#)

Gozo officially joins the World Regions of Gastronomy Platform

29 April 2023 - Strongly committed to sustainably preserve and promote its food and cultural diversities, Gozo officially joined the World Regions of Gastronomy Platform and aims to present a candidacy for the European Region of Gastronomy 2026 title. A protocol agreement was sig ... [Read more](#)

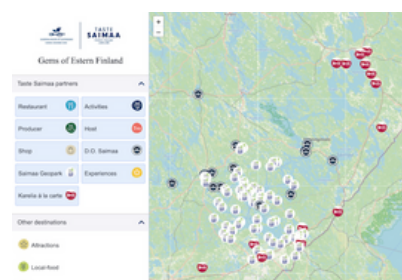


The Bite i Mos Awards put the spotlight on Catalan gastronomy

30 June 2023 - Soon after being announced as World Region of Gastronomy awarded 2025 by IGCAT, Catalonia strengthened its positioning on the international food map through the first edition of the Bite i Mos Awards, handed over at the National Gala of Food and Wine Tourism. H ... [Read more](#)

The Taste Saimaa network: supporting local food through cooperation

27 June 2023 - Around 50 food and tourism companies have signed up to the Taste Saimaa network with the aim to highlight genuinely local and high-quality services, products and experiences in Saimaa, European Region of Gastronomy awarded 2024. The network includes businesse ... [Read more](#)



Young chefs celebrate local food in Central Denmark 2017

31 May 2023 - Local seasonal products, young talent and passion were the main ingredients of Madmødets Kokkelevbattelle, a competition held in Central Denmark, European Region of Gastronomy since 2017 to select their finalist to IGCAT's European Young Chef Award 2023. Organised ... [Read more](#)

Menorca's scientist wins 2nd prize at the Golden Bee Award 2023

29 May 2023 - Biologist and researcher at the Mediterranean Institute for Advanced Studies (CSIC-UIB), Pau Enric Serra Marín, from Menorca European Region of Gastronomy 2022, was awarded 2nd prize at the Golden Bee Award 2023, organised by the Republic of Slovenia. Serra subm ... [Read more](#)



Current news from around the globe



We Want A Strong Sustainable Food Systems Law, Now

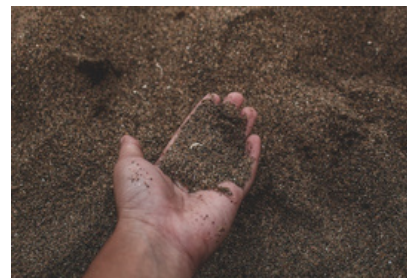
By Slow Food

28 June 2023 - More and more voices are rising across Europe to demand the EU for sustainable, healthy and affordable food. The EU Sustainable Food Systems Law (SFS Law) provides a unique opportunity to ... [Read more](#)

Four new reports highlight importance of the microbiome for food safety

By FAO

27 June 2023 - FAO experts call for more systematic research into dynamic ecosystems that impact human health as well as food safety and planetary health. All evidence suggests that the microbiome, an emergin ... [Read more](#)



Implementing food sustainability through service learning

By NEMOS Project

9 June 2023 - Developing sustainability related skills has become key for higher-education students to successfully address pressing global challenges such as food waste or climate change in their profe ... [Read more](#)

Remote work as an opportunity for professional development

By ON-IT Project

29 May 2023 - Remote work has undoubtedly gained critical prominence in recent years. As we know very well and since the pandemic, online and hybrid ways of working have come significantly to the fore and ... [Read more](#)





Travels to Kos & News from SFG HQ

By Wendy Barrie

24 May 2023 - I recently returned from Kos, where, in association with IGCAT, I was invited to judge the World Food Gift Challenge and our hosts, South Aegean - European Region of Gastronomy since 2019, ensured we received an exceptional food tourism experience - worthy of sharing, bo ... [Read more](#)

IGCAT carries out research, collects knowledge and develops projects to support creative solutions in regional and local development. This newsletter is just a small selection of news from the past three months. IGCAT compiles trends and facts from around the world.

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