

# IGCAT

INTERNATIONAL INSTITUTE OF  
GASTRONOMY, CULTURE, ARTS AND TOURISM



## IGCAT Voice

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Cameroon is often referred to as the cradle of African gastronomy, united by artistic and gastronomic richness. Our culinary diversity is thanks to geological, geographical and climatic differences from one end of the country to the other, exceptional, organic and quality agricultural production, as well as skilled professionals, craftsmen/women and culinary expertise in our homes. Original combinations of spices and ingredients have given rise to culinary delights that make Cameroonian gastronomy one of the most refined and organic on the continent.

The people of Cameroon have therefore chosen the arts, gastronomy and tourism for their personal, social and economic development. The government have understood this and put into place a national development strategy - SND 2020 / 2030 with major projects such as: the labelling of 14 typical local dishes or the "Gastronomy Tourist" project.

I am committed to the candidacy of the Littoral Region to become World Region of Gastronomy. This application will be an opportunity for the Littoral Region, and more generally Cameroon, to present to the world its cultural and artistic diversity, its gastronomic richness, the value and historical scope of the local dishes. Thanks to IGCAT it will be an opportunity to be recognised internationally as a food and arts tourism destination: Cameroon, gastronomy, arts and tourism.

### **Robert Ngoun**

IGCAT Expert

CEO, Beutara - France

Manager, Restaurants Consulting

Author

## IGCAT News

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### Menorca's Cooking Films endorse IGCAT's Food Film Menu

20 May 2022 - The Menorca International Film Festival – Social & Sustainable joined the network of international cinematographic events that support IGCAT's Food Film Menu initiative. Following a collaboration agreement signed with IGCAT, the Festival will showcase the short film A Food an ... [Read more](#)



### Winners of the World Food Gift Challenge 2022 awarded!

8 April 2022 - The best and most unique food and food-related gifts from candidate and awarded World and European Regions of Gastronomy were awarded at IGCAT's World Food Gift Challenge 2022, held on 7 April at the Centre Artesanal de Menorca, European Region of Gastronomy ... [Read more](#)

### Top 10 Websites for Foodie Travelers 2022 announced!

5 April 2022 - For the delight of good food and fine gastronomic experiences lovers, IGCAT's Top 10 Websites for Foodie Travelers 2022 were announced on 5 April, at a gala event held in Menorca, European Region of Gastronomy awarded 2022. The Top Websites for Foodie Travelers initiative ... [Read more](#)



### NEMOS - Sustainability competences in higher education

31 May 2022 - IGCAT is a consortium partner in the Erasmus+ project NEMOS - A new educational model for acquisition of sustainability competences through service learning. Launched in February 2022, the NEMOS project acknowledges sustainability as an increasingly crucial skill for ... [Read more](#)

## News from the World Regions of Gastronomy

### Saimaa recommended for European Region of Gastronomy 2024 title

22 June 2022 - An international jury comprising of four international experts, accompanied by IGCAT's President, Diane Dodd PhD considered the application of Saimaa region for the title European Region of Gastronomy 2024. . After reviewing the bid book submitted on 31 December ... [Read more](#)



### Aseer to be awarded World Region of Gastronomy 2024

13 June 2022 - The Aseer region (Saudi Arabia) will be officially awarded the title of World Region of Gastronomy 2024 by IGCAT. They will be the first region outside Europe to earn this important accolade that recognises Aseer's commitment to local sustainable development. After ev ... [Read more](#)

### Sicily officially joined the Regions of Gastronomy Platform

30 June 2022 - Strongly committed to sustainably preserve and promote its food and cultural diversity, Sicily (Italy) has officially joined the World/European Regions of Gastronomy Platform and aims to present a candidacy for the 2025 title. A protocol agreement has been si ... [Read more](#)



### South Aegean to host the World Food Gift Challenge 2023

30 June 2022 - Kos island will be the stunning background of IGCAT's 4th World Food Gift Challenge, to be held on 26-29 April 2023 as an important legacy of the South Aegean, European Region of Gastronomy 2019 title. The competition will gather high-quality food and food-related craf ... [Read more](#)

### An important legacy for Kuopio 2020-21

20 May 2022 - Kuopio, awarded European Region of Gastronomy 2020-21, secured a significant legacy of its title year by granting an extension of the project and further financial support throughout 2022. This important measure aims to diversify food production in Kuopio and the Pohjois Savo region and enhance promotion of local gastronomy in existing ... [Read more](#)





## World/European Regions of Gastronomy shared best practices in Menorca

11 April 2022 - The 24th IGCAT Best Practices Platform Meeting was successfully held in Menorca, awarded European Region of Gastronomy 2022 by IGCAT, on 4-7 April 2022, hosted by the Island Council of Menorca, the Fundació Forment del Turisme de Menorca, and Made in Menor ... [Read more](#)

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## Current news from around the globe

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### UN Ocean Conference ends with call for greater global commitment

By UN News

4 July 2022 - Following a week of discussions and events in Lisbon, Portugal, the UN Ocean Conference concluded on Friday, with governments and heads of state agreeing on a new political declaration to Save Our Oc ... [Read more](#)



### With vast arable lands, why is Africa dependent on imported grain?

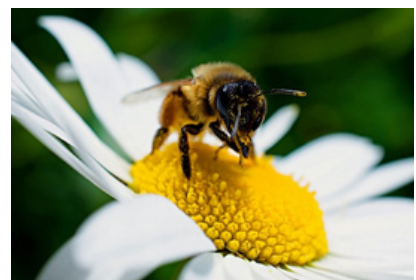
By Monir Ghaedi - Detsche Welle

30 June 2022 - Despite having vast amounts of arable land, nutritious indigenous crops and a booming agricultural sector, Africa still imports most of its grain. The Russian army's blockade of Ukraine's Black Sea ... [Read more](#)

### European Commission wants to slash use of chemical pesticides by 50% by 2030

By Christopher Pitchers - Euronews

24 June 2022 - The European Commission wants to cut the use of chemical pesticides in half by 2030, as part of its latest plan on sustainability and biodiversity. The EU institution's announcement, a piece of its ... [Read more](#)



### Loads of visitors, no staff: Tourism industry 45,000 workers short

By Sally McDonald - The Sunday Post

1 June 2022 - A staffing crisis in Scotland's tourism industry could force many operators out of business, trade experts fear. The country is readying for a bumper season as international flights edge back to pre- ... [Read more](#)

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IGCAT carries out research, collects knowledge and develops projects to support creative solutions in regional and local development. This newsletter is just a small selection of news from the past three months. IGCAT compiles trends and facts from around the world.

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