



FOOD FILM MENU 2020

OPEN CALL FOR SHORT FOOD FILMS

Organised by IGCAT

Our selection committee is looking for short food films to be included in the Food Film Menu 2020!

EXTENDED DEADLINE: 10 August 2020

By putting the spotlight on regional gastronomy, you and your short food film can play a key role in raising awareness about the importance of cultural and food uniqueness, and contribute to a more sustainable future.

Diverse food, food cultures, food traditions, and food knowledge have shaped through centuries the cultural, architectural and landscape heritage of regions across the globe, creating an incredible patchwork of unique food ways that deserve to be safeguarded and showcased.

Globalisation and climate change are undeniably affecting biodiversity on our planet, leading to a dramatic loss of local plant and animal varieties (and related traditional know-how) that are the backbone of regional food cultures.

As more and more people move to globalised diets, it is vitally important to revalue and promote local food as cultural heritage, as the way forward to ensure future sustainable development and community well-being.

Unleash your creativity and become an ambassador for cultural and food diversity!

THEME

- FOOD STORIES -

We are hungry for incredible stories starring the food heritage of awarded and candidate Regions of Gastronomy*

Each region holds countless fascinating food stories waiting to be told. Local food products, recipes, food producers, chefs, food traditions, food innovations, food techniques and practises, food landscapes or built heritage related to regional gastronomy - to name a few - are all eligible protagonists of your short film.

CATEGORIES

Your short film should be submitted in one or more of our seven categories. Choose the ones that best suit your Food Story:

REGIONS OF GASTRONOMY

Each region has a unique identity that has been shaped through time by its food, gastronomic traditions and landscape, together with the food ways of the communities that have been inhabiting it in past and present times. Submit to this category if your short film aims to convey the gastronomic identity and/or gastronomic innovations in one of our Regions of Gastronomy. Your film should showcase the region, its people and the multiple connections that food generates between them.

EUROPEAN YOUNG CHEFS

The European Young Chef Award is an annual competition between young chefs from the European Regions of Gastronomy. Each one of them comes with a story about their dish and what inspired them, told through a short film about the young chef, his/her recipe and his/her region. Only videos about actual participants in one of the editions of the European Young Chef Award will be accepted in this category.

FOOD-RELATED VISITOR EXPERIENCES OR FOOD GIFTS FROM THE REGIONS OF GASTRONOMY

A region's food and cultural identity can be a unique selling point, provided that it is made visible and effectively communicated to the visitor. Quality and surprising visitor experiences related to regional gastronomy and local food gifts that can be purchased and brought back home as reminders of the trip are powerful ways of keeping a region's identity alive and making it interesting for responsible tourists. If your short film highlights food-related visitor experiences or food gifts from the Regions of Gastronomy, it should be submitted to this category.

HISTORICAL FOOD ROUTES

This category relates to the journey food may take from farm to fork and/or a journey in time or a journey across territory. Taking inspiration from the Council of Europe's Cultural Routes. Filmmakers are asked to highlight food journeys or the relationship between food and the Cultural Routes. Want to know more about the Council of Europe's Cultural Routes? Visit the dedicated website

(<https://www.coe.int/en/web/cultural-routes/european-institute-of-cultural-routes>) and get inspired!

NEW FOOD TRENDS

Gastronomy represents a fertile land for innovation be it a brand-new food product or service, a smart solution to reduce plastic or food waste, or the creative reinterpretation of an old food tradition or practise. Short films in this category should focus on what's new out there that allures and surprises the contemporary foodies while supporting sustainability, as well as food and cultural diversity.

ENVIRONMENT AND FOOD

If your food story concerns the environment and its preservation, this is your category! We look for short films that put the spotlight on food-related environmental issues including but not limited to biodiversity preservation, endangered animal and plant varieties, pollution, climate change, plastic and food waste.

FOOD AND THE UNITED NATIONS SUSTAINABLE DEVELOPMENT GOALS

United Nations Member States adopted in 2015 the 2030 Agenda for Sustainable Development which is based on 17 Sustainable Development Goals (SDGs), aimed to achieve present and future prosperity for the planet and people. They tackle important global challenges such as poverty, education, health, inequality, climate change and biodiversity. As food plays a vital role in the road to achieve the SDGs, we look for short films that give visibility to exciting food stories related to these ambitious objectives. Want to know more about the SDGs? Visit the dedicated website (<https://sustainabledevelopment.un.org/>) and get inspired!

*Current awarded and candidate Regions of Gastronomy:

- CATALONIA**, European Region of Gastronomy awarded 2016 (Spain)
- MINHO**, European Region of Gastronomy awarded 2016 (Portugal)
- AARHUS-CENTRAL DENMARK**, European Region of Gastronomy awarded 2017 (Denmark)
- EAST LOMBARDY**, European Region of Gastronomy awarded 2017 (Italy)
- RIGA-GAUJA**, European Region of Gastronomy awarded 2017 (Latvia)
- GALWAY-WEST OF IRELAND**, European Region of Gastronomy awarded 2018 (Ireland)
- NORTH BRABANT**, European Region of Gastronomy awarded 2018 (The Netherlands)
- SIBIU**, European Region of Gastronomy awarded 2019 (Romania)
- SOUTH AEGEAN**, European Region of Gastronomy awarded 2019 (Greece)
- KUOPIO**, European Region of Gastronomy awarded 2020 (Finland)
- COIMBRA REGION**, European Region of Gastronomy awarded 2021 (Portugal)
- SLOVENIA**, European Region of Gastronomy awarded 2021
- MENORCA**, European Region of Gastronomy awarded 2022 (Spain)
- TRONDHEIM-TRØNDELAG**, European Region of Gastronomy awarded 2022 (Norway)
- BRAŞOV**, European Region of Gastronomy candidate 2023 (Romania)
- HAUTS-DE-FRANCE**, European Region of Gastronomy candidate 2023 (France)

AWARDS AND PRIZES

A total of **8 awards** will be given in the framework of the Food Film Menu:

- Best Food Film showcasing the Regions of Gastronomy
- Best Food Film showcasing the European Young Chefs
- Best Food Film showcasing Food-related Visitor Experiences or Food Gifts from the Regions of Gastronomy
- Best Food Film highlighting Historical Food Routes
- Best Food Film showing New Food Trends
- Best Food Film on Environment and Food
- Best Food Film connecting to the United Nations SDGs
- Best Food Film Overall

The awards by category will be announced at a high-profile Region of Gastronomy event organised in Brussels (Belgium) towards the end of 2020 (circumstances permitting). The audience at this event will select the Best Food Film Overall and a trophy will be awarded.

All winning short films will be promoted and offered as a menu to film festivals in the 14 Regions of Gastronomy, including:

- [Astra Film Festival Sibiu](#) (Romania)
- [Kosmorama Trondheim International Film Festival](#) (Norway)
- [FoodFilmFestival in Aarhus](#) (Denmark)
- [Girona Film Festival](#) (Spain)

All winning short films will be permanently showcased in the Food Film Menu section on IGCAT's website and YouTube channel, and promoted through IGCAT's social media accounts (Instagram, Facebook, Twitter, LinkedIn).

HOW TO ENTER

Read the rules detailed on this page very closely. If your short food film complies with the standards and regulations listed below, proceed to fill out a submission.

RULES & RESTRICTIONS FOR ENTRY

1. The short film must include at least one awarded or candidate Region of Gastronomy.
2. The short film should have a maximum length of 5 min.
3. All languages are accepted but SHOULD include English subtitles.
4. The film should have been created after 2016.
5. All genres are eligible for submission EXCLUDING animations and that which depict sexual pornography or extreme violence.
6. Submission must have signed release forms from all contributors to use and publish their work.

7. The filmmaker/s is/are responsible for purchasing music rights for audio used in the short film.
8. The filmmaker/s must have written permission to showcase the locations and people on-screen.
9. The filmmaker/s must also provide with each film submitted the following:
 - a. a high-res digital version of the film upon acceptance.
 - b. (at least) 2 excellent still images from your film to be distributed to the press and for use on IGCAT website and social media (minimum of 2000px and 72ppi in the long side).
10. If accepted, your short film may be used for promotional purposes and you give full rights to IGCAT (free of charge) to use it and/or promote it. Noting that this right does not extend to commercial use of the film.
11. If selected, you may not withdraw your short film from the Food Film Menu and you must provide a link to a trailer for your film on YouTube. This allows us to feature your trailer on our website and social media accounts.
12. IGCAT reserves the right not to award any short films in one or more categories if submissions do not comply with the required theme and standards.
13. All rules and regulations are subject to interpretation by IGCAT.
14. The decision of the jury is final.

SUBMISSION LINKS

Short films should either be:

- a) submitted through FilmFreeway; or
- b) sent digitally as a password protected file on Vimeo.com or YouTube (as unlisted). Send an email to communications@igcat.org to get the registration form.

In either case, please specify the categories you wish to submit your short film to.

SELECTION

The selection of Best Film by category will be made by a committee of IGCAT experts in the food and film sectors early September and published as a Food Film Menu on **15 September 2020**.

The selection will be shown at a high-level Region of Gastronomy event in Brussels towards the end of 2020 (circumstances permitting) and filmmakers will be invited to join us. The audience at this event will select the Best Food Film Overall and a trophy will be awarded.

ORGANISERS

The Food Film Menu is organised and coordinated by the **International Institute of Gastronomy, Culture, Arts and Tourism** (IGCAT). IGCAT aims to empower local communities by raising awareness of the importance to safeguard and promote distinct food, culture, arts and sustainable tourism assets. This is essential to balance against globalised food trends that are impacting on our planet, health and local economies.

IGCAT is a non-profit institute established in 2012, working with regional stakeholder consortiums in the fields of gastronomy, culture, arts and tourism. It counts on the expertise of a worldwide network of experts and works in partnership with specialised intergovernmental organisations.

IGCAT provides the Region of Gastronomy Award and is the official secretariat for the European Region of Gastronomy Platform. Furthermore, the Institute has developed the European Young Chef Award, the Local Food Gift Challenge and the Top Visitor Experience.

www.igcat.org

ENTRY DEADLINES

Regular Submission: **10 August 2020 at 23:59h CET**