

# IGCAT

INTERNATIONAL INSTITUTE OF  
GASTRONOMY, CULTURE, ARTS AND TOURISM

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## IGCAT Voice

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Happy New Year to all our supporters. Our mission at IGCAT is to help protect and promote regional cultural and culinary diversity, as an asset for growth, to empower communities, support health and well-being and, it is our pledge to protect our planet from further destruction. We now have a platform of 14 awarded and committed regions in Europe and, next year we will spread our values and philosophy to the continent of America. Very shortly, IGCAT will sign-up four new candidate regions, two in Europe and two set to become the 1st American Regions of Gastronomy in 2023.

The success of the Region of Gastronomy Platform is driven by the credibility of the Award, the international visibility it affords and, above all, because it brings people together with the common goal of celebrating intangible heritage. It is thanks to the commitment of communities and authorities in all our regions that our philosophy of building cross-sectoral solutions is enjoying great success.

Thanks to the generosity of IGCAT experts in 2020 we will also register as a Foundation and be able to extend our work to lesser-economically developed regions. Our new Fund for Local Arts and Gastronomy (FLAG) will offer the possibility for stakeholders from selected regions to join our growing knowledge exchange movement. Regions across the world, committed to supporting creativity, food, culture and heritage for regional development and sustainable futures, are invited to consider our prestigious Award.

IGCAT will continue to develop our collective wisdom in the spirit of generosity because we know that only by working together, across sectors, it will be possible to make a real difference in people's lives and for our communities.

Wishing you opportunities and inspiration for 2020,

**Dr. Diane Dodd**  
IGCAT President

## IGCAT News

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### Kuopio hosted Local Food Gift training workshop

*14 November* - IGCAT's Local Food Gift Challenge - Training the Trainers workshop took place in Kuopio, European Region of Gastronomy awarded 2020 on 12 November 2019. Hosted by Savonia University of Applied Sciences, the event gathered representatives from different regional stakeholders including the university ... [Read more](#)



### Tourism, gastronomy and wine are inseparable in Europe

*3 December* - An international conference of the Iter Vitis European Cultural Route, took place in Motovun, Istria County on November 14-16, where IGCAT's President was a key note speaker. The From heritage to brand conference, held as part of the Iter Vitis European Cultural ... [Read more](#)

## News from the Regions of Gastronomy

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### Menorca's sustainable path to support local gastronomy

*2 December* - An international jury comprising of four international experts (members of IGCAT) having the additional experience of coming from already awarded European Regions of Gastronomy, have recommended Menorca for the title European Region of Gastronomy 2022. After reviewing ... [Read more](#)

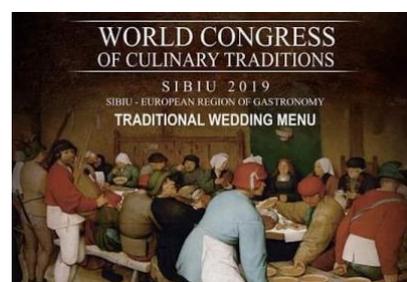


### Trondheim-Trøndelag builds on gastronomy and sustainability

*16 November* - Trondheim-Trøndelag region (Norway) has been officially recommended for the European Region of Gastronomy 2022 title by a jury comprised of international experts in different fields on 14 November 2019. The announcement took place in front of representatives from ... [Read more](#)

### Sibiu celebrates traditional wedding menus from all over the world

*20 December* - In the framework of Sibiu, European Region of Gastronomy awarded 2019 programme, the city of Sibiu hosted the second edition of the World Congress of Culinary Traditions that gathered over 200 chefs from Romania and abroad under the ... [Read more](#)





## Michelin Guides acknowledge Slovenia as top gastronomic destination

27 November - Slovenia, European Region of Gastronomy awarded 2021 will be soon included in Michelin Guide collection, as announced during the Days of Slovenian Tourism event on 12 November 2019 in Ljubljana. An important step in the positioning of the country as a ... [Read more](#)

## Kuopio's ANTI Festival 2020 to link art and gastronomy

25 November - Food will be the central theme of Kuopio's ANTI - Contemporary Art Festival 2020, who for its upcoming edition partnered with Kuopio, European Region of Gastronomy awarded 2020, a collaboration that clearly strengthens cross-sectoral dialogue within the region. [Read more](#)



## Coimbra Region leads Food Corridors project

19 November - The Intermunicipal Community of Coimbra Region, European Region of Gastronomy awarded 2021 is leading the European project Food Corridors, which encourages the creation of a network of cities committed to the development of food plans that extend urban and peripheral areas through a corridor that ... [Read more](#)

## European Young Chef Award 2019

### Winner of the European Young Chef Award 2019 announced!

24 October - Eirini Giorgoudiou from South Aegean, European Region of Gastronomy awarded 2019 has been announced today European Young Chef for 2019. With her dish 12 Elements she won the hearts of the international jury chaired by acclaimed Greek Chef Argiro Barbarigou who ... [Read more](#)



## Gastronomy, innovation and regional identity

23 October - European Young Chef Award 2019 finalists have joined their predecessors and become IGCAT Regional Chef Ambassadors, committing to promote the local food from their region, highlighting the rich culinary diversity of Europe and contributing to saving the planet! Becoming an IGCAT Regional Chef ... [Read more](#)

## Current news from around the globe

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### Nearly half a billion people in Asia undernourished:

**UN** - By **SciDev Net**

*17 December* - Three million people in the Asia Pacific region must be lifted out of hunger each month, over the next decade if the region is to meet Sustainable Development Goal 2 (SDG) of zero hunger by end 2030, says a ... [Read more](#)



### New cooking competition Pacific Island Food

**Revolution serves up Pasifika cuisine** - By **Kerry Harvey**

*13 December* - Renowned Kiwi-born chef Robert Oliver has cooked up what he hopes will be a life-saving recipe for Pacific Islanders. He is putting his experience on My Kitchen Rules ... [Read more](#)

### How Peru's potato museum could stave off world food crisis

- By **Dan Collyns**

*2 December* - With a climate changing faster than most crops can adapt and food security under threat around the world, scientists have found hope in a living museum dedicated to a staple eaten by millions daily: the humble ... [Read more](#)



### UN declares 2021 as International Year of Creative Economy for Sustainable Development

By **ASEF CULTURE360**

*29 November* - At the 74th session of the UN General Assembly this month, 2021 was declared as the International Year of Creative ... [Read more](#)

### In Durban Declaration, African Ministers Seek Action for Sustainability and Prosperity -

By **C. Benson Wahlén**

*20 November* - African ministers agreed to make the African Ministerial Conference on the Environment (AMCEN) the region's forum for ... [Read more](#)



IGCAT carries out research, collects knowledge and develops projects to support creative solutions in regional and local development. This newsletter is just a small selection of news from the past three months. IGCAT compiles trends and facts from around the world.

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